

- Station #1 - Grow in Godly Character

Choose one person to read the following Bible verse:

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and self-control.

Galatians 5:22-23 (NIV)

Choose different people to pray for each of the following areas to grow in:

Dear God, please help us to grow in...

- Love (for God and other people)
- Joy (knowing that God is in control, no matter the circumstances)
- Peace (resting certain in God's promises)
- Patience (with others and unpleasant circumstances)
- Kindness (towards other people)
- Goodness (in our conduct and attitude)
- Faithfulness (keeping our word and promises)
- Gentleness (in the way we speak and act)
- Self-Control (in resisting sin and temptation)

- Station #2 - Grow in Perseverance and Faith

Choose one person to read the following Bible verse:

Let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, ² fixing our eyes on Jesus.

Hebrews 12:1-2 (NIV)

Choose different people to pray for each of the following things:

Dear Jesus, please help us to...

- Follow You always and never give up.
- Throw away anything that might distract or hinder us from running the race for You.
- Look to You always and fully put our trust in You. Increase our faith and reliance on You.

- Station #3 - Grow in the Knowledge of God and His Love

Choose one person to read the following Bible verse:

We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives,¹⁰ so that you may live a life worthy of the Lord and please him in every way...giving joyful thanks to the Father.

Colossians 1:9b-10, 12 (NIV)

Choose different people to pray for each of the following areas to grow in:

Dear Jesus, please help us to...

- Know You more deeply – who You are and what You've done.
- Love You more from the heart.
- Be more thankful each day for what You've done for us – seeing Your love displayed in dying and rising again for our sins.