

# STUDY SKILLS CAMPS

## SUMMIT EDUCATIONAL CAMPS TAKES THE STRESS OUT OF SCHOOL CAMPS AND PROVIDES YOU WITH:

- ♦ A camp program tailor-made to your educational needs
- ♦ The delivery of all curriculum outcomes you request
- ♦ The chance for students to grow socially, physically, emotionally, mentally and spiritually
- ♦ A professional team that runs the camp from wake up to bedtime
- ♦ Time for you to relax and connect with your students



**A STUDY SKILLS CAMP IS AN IDEAL WAY TO BEGIN YEAR 11, BONDING THE YEAR GROUP TOGETHER FOR THEIR FINAL TWO YEARS, ENCOURAGING THEM TO ADOPT A SENIOR STUDENT MINDSET AND EQUIPPING THEM WITH VITAL ORGANISATIONAL, STUDY AND EXAM SKILLS.**

Topics are typically presented in short seminars and combined with small group work, ensuring that students are engaged and able to put new skills into practice. Choose from one or two study skills sessions, combine study skills with leadership seminars, or have an entire study skills camp.

### OBJECTIVES FOR CAMP OFTEN INCLUDE:

- ♦ Facilitating a senior student approach to school life
- ♦ Training students in good study and exam techniques common to all subjects
- ♦ Enabling students to hear about study techniques from an external source
- ♦ Building year group identity for the upcoming two years of school
- ♦ Facilitating growth of pastoral connections between staff and students

### STUDY SKILLS TOPICS CAN INCLUDE:

- ♦ The life of a senior school student
- ♦ Designing your study routine
- ♦ Fundamentals of essay writing
- ♦ Effective exam techniques
- ♦ Stress management
- ♦ Goal setting

### CAMP COST & LOCATION

Costs for Study Skills Camps start from \$75 per student per day, depending on location and activities.

Whilst the Summit team primarily operates camps at Crusaders' campsites (Galston Gorge & Lake Macquarie), we frequently run camps at a variety of locations across NSW & the ACT to suit your aims and budget.

We will work with you prior to camp to identify your educational objectives and transform them into an integrated camp program. All administrative documentation is provided in order to minimise your organisational load.



*The camp was awesome. The study skills interspersed throughout the day with activities was well designed & the students really enjoyed themselves. The staff loved the interactions they saw between the leaders and students. In my 8 years of teaching, this is by far the best camp I have been on as a staff member."*

*Teacher – Oxford Falls Grammar School*



## A TYPICAL DAY ON A STUDY SKILLS CAMP...

- 7:30 RISE**  
The leaders ensure students are awake and ready for the day
- 8:00 ORDERLIES**  
Students contribute to the camp community by setting tables and preparing for meal time
- 8:15 BREAKFAST**  
A delicious selection of cereals, fruit and hot food caters for all tastes
- 9:15 CHRISTIAN DISCOVERY**  
A creative and sensitive up-front talk raises life questions from a Christian perspective. Students then discuss their opinions and values in small groups
- 10:45 MORNING TEA**  
A quick snack ensures students are fresh for the next session
- 11:15 LIFE OF A SENIOR SCHOOL STUDENT**  
A general introduction to the Study Skills Program looking at the transition from Year 10 to Years 11 & 12 and examining current study habits and motivations
- 12:45 LUNCH**  
Everyone gets together to share a meal and relax together
- 1:30 ACTIVITY SESSION**  
Small groups burn off some energy in a fun outdoor activity
- 3:00 AFTERNOON TEA**  
Students play table tennis, sport or relax together over a snack
- 3:30 DESIGNING YOUR STUDY ROUTINE**  
Exploring time constraints with students reviewing how they spend their time in the week and how they can fit in enough study for each subject
- 5:00 FREE TIME AND SWIM**  
An opportunity for showering, burning off more energy or hanging out. Summit staff supervise the pool area
- 6:00 ORDERLIES**  
Students contribute to the camp community by setting tables
- 6:15 DINNER**  
A hearty hot meal ends the day and gives another chance for informal interaction
- 7:30 SPECIFIC STUDY SKILLS**  
Developing new strategies in 3 key areas of study skills: Reading, Note taking and Memory and giving students opportunities to practise each skill
- 9:15 SUPPER**  
A time to wind down from the day
- 9:30 BED**  
Teachers to supervise until morning

### CONTACT SUMMIT:

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