CONNECT LIFE SKILLS CAMPS

SUMMIT EDUCATIONAL CAMPS TAKES THE STRESS OUT OF SCHOOL CAMPS AND PROVIDES YOU WITH:

• A camp program tailor-made to your educational needs
• The delivery of all curriculum outcomes you request
• The chance for students to grow socially, physically, emotionally, mentally and spiritually
• A professional team that runs the camp from wake up to bedtime
• Time for you to relax and connect with your students

TEENAGERS ARE EXPOSED TO A WIDE VARIETY OF MESSAGES AND VALUES THROUGH THE MEDIA.
This camp program presents factual information in key life and health areas, and provides opportunity for students to discuss and consider their values and standards.

OBJECTIVES FOR CAMP OFTEN INCLUDE:
• Fulfilling DET Stage 6 requirements for PDHPE (Crossroads)
• Learning life-long skills in a real community environment, combining theory and practice
• Building year group identity for Stage 6
• Learning to value yourself and others

CONNECT TOPICS INCLUDE:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Description</th>
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<tbody>
<tr>
<td>Relationship vs. Isolation</td>
<td>The value and place of relationships and community in meeting personal needs</td>
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<tr>
<td>Identity vs. Identical</td>
<td>Knowing who you are - even if it means knowing you’re different from others</td>
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<td>Diversity vs. Division</td>
<td>Being different doesn’t mean you have to be divided</td>
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<td>Team Success vs. Individual Failure</td>
<td>Working in a team can bring success where individuals experience failure</td>
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<td>Communication vs. Conflict</td>
<td>Communicating at the right time and place can be a relationship saver, even when it’s difficult</td>
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<td>Pleasure vs. Pain</td>
<td>Understanding the impact of drugs enables us to avoid unhealthy experiences and to help others</td>
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<td>Present vs. Future</td>
<td>Making choices for short term pleasure or long term benefit, presented within a Christian context</td>
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<tr>
<td>Intimacy vs. Obsession</td>
<td>Sex doesn’t equal intimacy. Defining caring and respectful relationships and learning skills to invest in them</td>
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We will work with you prior to camp to identify your educational objectives and transform them into an integrated camp program. All administrative documentation is provided in order to minimise your organisational load.

CAMP COST & LOCATION:
Costs for Connect camps start from $80 per student per day, depending on location and activities.

Whilst the Summit team primarily operates camps at Crusaders’ campsites (Galston Gorge & Lake Macquarie), we frequently run camps at a variety of locations across NSW & the ACT to suit your aims and budget.
A TYPICAL DAY ON A CONNECT CAMP...

7:30 RISE
The leaders ensure students are awake and ready for the day

7:45 ORDERLIES
Students contribute to the camp community by setting tables and preparing for meal time

8:00 BREAKFAST
A delicious selection of cereals, fruit and hot food caters for all tastes

9:00 PLEASURE VS. PAIN
Understanding the impact of drugs enables us to avoid unhealthy experiences and to help others

10:30 MORNING TEA
A cup of chocolate milk, a snack and a chat

11:00 IDENTITY VS. IDENTICAL
Knowing who you are - even if it means knowing you’re different from others

12:30 LUNCH
Everyone gets together to share a meal and build friendships

1:30 ACTIVITY SESSION
Small groups burn off some energy in a fun outdoor activity

3:00 AFTERNOON TEA
Students play table tennis, sport or relax together over a snack

3:30 INTIMACY VS. OBSESSION
Sex doesn’t equal intimacy. Defining caring and respectful relationships and learning skills to invest in them

5:00 FREE TIME AND SWIM
An opportunity for showering, burning off more energy or hanging out. Summit staff supervise the pool area

6:00 ORDERLIES
Students contribute to the camp community by setting tables

6:15 DINNER
A hearty hot meal together allows opportunity for positive relationships to be lived out in the camp community

7:15 CAMPFIRE
Fun around the fire, toasting marshmallows, and Summit leaders telling the story of their high school experiences

9:15 SUPPER
A time to wind down from the day

9:30 BED
Teachers to supervise until morning