The One and Only

Eight sessions from Deuteronomy

Primary School

Lunchtime Group Resource
The Crusader Union is a Bible-based, interdenominational Christian youth organisation, whose vision is to proclaim the Gospel of Jesus Christ to students in the Independent Schools of Australia, to nurture Christians and to encourage church membership.

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This resource has been specifically written with school groups in mind but can be adapted depending on your needs. It is based on the group running for approximately 30 minutes each meeting.

**WHAT’S INSIDE?**

- **8** sets of leader’s notes for regular meetings. The leader’s notes provide an aim, fun activity, guidelines for an interactive talk as well as prayer, memory verse and song ideas.
- **2** colour advertising posters designed to grab the attention of students and help increase awareness of your group. There is space for you to fill in your group name, the dates of your meetings and where you meet. We encourage schools to use the ‘CRU School Groups’ logo when promoting their group so as to link students with the work that God is doing in other schools.

**BEFORE YOU START**

- Please note that all pages in this resource can be photocopied but Crusaders request each school purchase at least one original.
- Whilst this resource is aimed at easing the load for the group leader, it is vital that time is spent adapting it to the specific needs of your group. Time also needs to be spent on working through the Bible passage and talk before the group meets.
- It would be very easy to spend too much time on the activity each week. Remember that looking at the Bible and praying together are the most important parts of the meeting and divide time accordingly.
- All suggested songs are linked to the theme of the talk and are used with permission. The intention of including a wide variety of songs from different CDs is so that you have options if your group enjoys singing – please do not feel it necessary to buy every CD listed. The CDs listed are available in Christian bookstores and most include sheet music.

We pray that this resource will be a great help as you join in God’s work of bringing students to Himself and growing them to be like His Son.

“We proclaim Him, admonishing and teaching everyone with all wisdom, so that we may present everyone perfect in Christ. To this end I labour, struggling with all His energy which so powerfully works in me.”

*Colossians 1:28–29*
# The One and Only

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AIM
To help students see that God’s actions show He is the one and only God.

FOCUS VERSE
Deuteronomy 4:35–38

PREPARATION
- It would be helpful to familiarise yourself with Deuteronomy 4:32–40.
- Bring a deck of cards.
- Bring a texta and some pens.
- Cut out a large piece of cardboard into the shape of a number ‘1’. On this cardboard, either write out Deuteronomy 4:35–38 or paste on a printed version of these verses.
- The memory verse for the term is Deuteronomy 13:4. Photocopy and laminate or contact enough Memory Verse cards for everyone (page 20). Do extras for students that will come in the following weeks.

FUN ACTIVITY
52 Card Pick Up – you will need a little bit of space and a deck of cards. Divide the group into 3–4 teams and send each to a corner of the room. Explain that the 52 cards will be thrown into the middle and the aim of the game is to be the first team to pick up the one and only card that counts – the ‘King of Hearts’. Allow one student from each team into the middle for short bursts of time.

For the first round, students can use both hands to find the card. For the second round, students need to use only one hand. If you want a real challenge, have a round where they take off their shoes and socks and can only use their feet.

TALK
Hold up the ‘King of Hearts’ card from the game and ask students why this card was better than any other in the pack. Draw out from them that as it was the one and only card that could win the game, it was the one and only card that counted for anything.

Quickly recap last week by asking students what God had promised to give Israel. Remind them that God had promised Israel a land of their own and that when God says it, He does it. God is rock solid!

Explain to students that before Israel went into this promised land, God wanted to remind them to live for Him only. Many of the other nations said that other gods were real but God wanted to remind Israel that He was the one and only true God (like the ‘King of Hearts’ card).
Ensure students can see Deuteronomy 4:35–38 on the piece of cardboard. Read out verse 35, explaining that the way we know God is the one and only God is by the things He has done.

As you read verses 36–38, ask students to listen for some of the things God has done which showed Israel that He was the one and only God. It may help to get them to look for the verbs (eg. He spoke, loved, chose, brought, drove, gave). On the other side of the cardboard, write up in texta the things that students noticed God has done.

Help them to understand that Israel knew God was the one true God because He spoke to Moses out of fire from the burning bush (verse 36), He loved them and chose them to be His special people (verse 37), He brought them out of Egypt (verse 37), He drove out the other nations for them (verse 38) and He gave them the promised land (verse 38). Explain that even though we have not seen all these things ourselves we know they happened because the Bible tells us.

Get students to think about how they know themselves that God is the one and only God. Write these things up on the remaining space of the cardboard. It may help to get them to think of things they know God can do that nobody else can (eg. create the world, know everyone's thoughts, answer our prayers). Point out that God has especially shown through Jesus that He is the one and only God – by God's power Jesus did miracles and was raised from the dead.

Finish by getting students to put one finger in the air and all say together 'God is the one and only God'. Then get them to write the word ‘GOD’ down the inside of that finger with a pen or texta to remind them for the rest of the day that there is only one God. Encourage students to explain the meaning behind it to any of their friends that ask.

**SONG IDEA**

- *The One & Only God* (‘Remember the Lord’ album, Colin Buchanan) – encourage students during the chorus to hold up their one finger with the word ‘GOD’ written on it.

**PRAYER IDEA**

As a group, give students the opportunity to say short prayers to God out loud. Encourage them to tell God how great they think He is and to thank Him for all the things He has done. They could thank Him for some of the things written down on the cardboard.

**FINISH**

Give out the Memory Verse cards and explain that we will have the same memory verse for the rest of the term. Tell students to put it in their wallet, learn it, show it to others and bring it next week.